

DEFINITION

1. An **exostosis** is a non-neoplastic skeletal outgrowth.

CLINICAL FEATURES

2. Exostoses manifest clinically as bony lumps.

AETIOLOGY

3. Exostoses are believed to be caused by abnormal skeletal growth or imperfect remodelling, usually in response to inflammation or repeated trauma.
4. They are to be distinguished from neoplasms, including osteochondromata, by cessation of their growth upon removal of the local underlying cause.
5. **Hereditary multiple exostoses** is a specific condition in which, because of genetic influences, exostoses form from the peripheral regions of the growth plates of bone and become inclined away from the epiphysis.

CONCLUSION

6. **Exostoses** are bony lumps which usually arise following inflammation or repeated trauma.

REFERENCES

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