

(Chronic Superficial Scaly Dermatitis)

DEFINITION

1. **Parapsoriasis-en-plaque** is a chronic skin condition characterized by the presence of round or oval erythematous, slightly scaly, patches on the limbs and trunk.

CLINICAL MANIFESTATIONS

2. The condition begins insidiously with one or more erythematous, slightly scaly patches. The commonest site is on the lower limbs, but the trunk and upper limbs are often affected. It is seldom seen on the face, palms or soles. The patches are generally round or oval, but finger-like processes are also common. The colour is pink, brown or slightly yellow. The individual patches are often slightly wrinkled and appear like cigarette paper.
3. Symptoms are usually minimal, though some itching may occur. The patches are more prominent in winter than in summer, and may clear temporarily with natural or artificial sunlight.

AETIOLOGY

4. The disease is not rare and occurs in all races. Its distribution varies considerably. It is more common in the north than in the south of England, and appears to be uncommon in America. Most cases begin in middle life and it is much more common in men than women.
5. The cause is unknown.

CONCLUSION

6. Parapsoriasis-en-plaque is a chronic skin condition characterised by scaly patches which appear on the limbs and trunk. It is of unknown aetiology.

REFERENCE

Burton J L. Eczema, Lichenification, Prurigo and Erythroderma – Chronic Superficial Scaly Dermatitis. In: (Eds) Champion R H, Burton J L and Ebling F J G. Textbook of Dermatology. Oxford. Blackwell Scientific Publications. 5th Ed. 1992. p569-570.

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